

# *Living With Grief: Children and Adolescents*

## *Learning Objectives*

At the conclusion of this teleconference, participants will be able to:

1. Describe the situations that might engender grief in children and adolescents as well as the particular ways that grief may be manifested in children and adolescents;
2. Describe and evaluate strategies for work with grieving children and adolescents, including counseling, support groups, expressive and play therapies, school-based programs, and camp-based programs;
3. Discuss three specific advantages of play therapy as a modality with grieving children and describe at least three specific components of play therapy that facilitate the creation of a cohesive narrative in grieving children.
4. Discuss effective strategies to empower parents and other support systems, such as schools and faith communities, to assist grieving children and adolescents; and
5. Describe the unique issues that grieving children and adolescents pose for professional caregivers and offer strategies for effective self-help and professional support.